

My Uchideshi Experience Sándor Czéh



Since the very first time I met people who had trained as uchideshi, I've decided to do the same. So I can say, it was my 10 years long dream came true. I don't know, but it can be one time opportunity in my life, so I decided to make the most of it. Of course, I've heard a lot of stories about Uchideshi life - how hard it can be... So I tried to do my very best, to make people satisfied around me and also to earn the honorific 'Uchideshi of the Month' award!

I think after some rough weeks, I've managed to learn almost all the rules and habits they've expected me to know, and I got as many friends as the painful areas of my body.

Then after defeating the home sickness, I started to feel the "Tanoshi-Attitude", which is one of the main parts of the Kobayashi Dojo. It was not that hard, because they expect the best, but also give the best. Despite of my busy training schedule, I still had the chance to make some extra trips; visited Bon-odori festivals, took a walk in Nikko and relaxed in Onsens... So I was able to have some recovering time every once in a while, then continued training - which I liked the most.



Changes in me. First of all, I renewed my thoughts about tiredness. In the beginning, not having enough sleep was very uncomfortable, but slowly, I started to enjoy the longer days. I actually would like to keep that habit even after when I go back home.

Every week I wrote my own blog about what happened in the previous week. And when I reread them, it seems like I was getting more and more relaxed each week, and feeling that everybody was there to help if and when I needed it. Kobayashi Dojo is like one big family, not just a group of people with the same Interests.



Experiencing how hard the high ranked members and even senseis practicing, and the mutual respect and the will to be improved is also an unforgettable motivation what I wanted to take home with me.

I'm very grateful for this unique summer especially to Dojocho and Fuku-Dojocho to let me live and practice here, and using the Musubi Kikin and to support me day after day. Minasama hontoni arigatou gozaimasita!